Coordinator’s Corner

We want to WELCOME a group of colleagues from the Kankakee area to our newsletter group! Their beloved leader Helen Chigaros passed away in February and her death has left a void for all of them. They will be part of our CNE programs and when they have new members they will be attending our course. I will head up to Kankakee this fall to present a CNE program for them. By joining together we will honor the memory of Helen. Please see inside the newsletter for the names of our newest colleagues.

THREE CNE fall programs have been scheduled PLEASE RSVP to Beverly.Talbott@carle.com if you can attend. There is no cost and all are welcome. Erin Eddy will give an update on Stroke, Rev. Jeff McPike will focus on Gift of Hope with sharing information on organ donation. For our third program, we have asked Amy Jessup to speak on Allergies. She did this several years ago and it was a GREAT program. She gave tips to consider when having food/snacks either in the nursery or fellowship. Dates and topics are inside the newsletter. Should you attend all three that will be 4.5 hours.

PLEASE remember that fall is the time to update Vial of Life and we encourage you to do this the weekend we change the clocks back. PLEASE let Bev know if you will be in need of additional vials. For those of you who are new to parish nursing, please reach out to other parish nurses for help updating the information sheets.

2018 WINTER COURSE DATES ARE CONFIRMED-CLASSES WILL BE IN CHAMPAIGN COUNTY. Please see inside newsletter for dates and times.

PLEASE remember to send in your statistics every month. Any questions on patient documentation feel free to contact me at faith.roberts@carle.com.

FINALLY!! The new Nurse Practice Act has passed in Springfield! However the rules have not been approved and it

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could be next spring before those are completed. VERY frustrating to say the least.

We have two new ADDITIONS TO OUR library. A beautiful book on prayer shawls and a great text on faith community nurses assisting with Transitional Care. Please let Bev know if you would like to review them.

The first week of August is close and once again I will head to Memphis to teach the parish nurse curriculum to new faculty. This year we have people coming from thirteen states including Alaska!

I continue to hold all of you in my heart and hope your ministry efforts are going well.

Blessings,
Faith

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Welcome Kankakee Parish Nurses!

Mary Arrington
Dot Bendix
Tim Benton
Dianne Buswell
Sheri Sikma Cagle
Georgia Cash
Becky Conroy
Barbara daake
Kris Demchuk
Martí Gainer
Priscilla Hardaway
Kelly Hayes
Ruth Hopper
Nancy Johnson
Relda Kelly

Marsha Lade
Tammy Lewis
Judy Oosterhoff
Tammy Ponton
Phyllis Reeder
Yvette Rose
Mary Ann Schuler
Judy Smead
Ann Smith
Cheryle Strother
Carol arring
Edwina Wilber
Nanette Wood
Marian Wulffe
Lori Zielinski
Prayer List

Linda Andris (Winter 2007) - son Nathan who had a bone tumor removed recently

Connie Reynolds (Spring 1998)

Rica Saligan (Fall 2011)

Faye Williamson (Fall 1998)

For the parish nurse receiving radiation and chemo

For the parish nurses caring for one of our own. . . . . . . gratitude beyond measure

For the parish nurse whose spouse is in declining health

For the parish nurse stepping out to start their new ministry

For the parish nurse struggling to build a relationship with their pastor

For the nurses caring for a family member

For the parish nurse who feels alone in their efforts to bring health ministry to their congregation

Volunteer Help Needed

What:  School physicals
When:  August 12, 2017
When:  0800-1200
Where:  Bethany Park Christian Church, Rantoul IL

Need nurses to do triage, put patients in rooms, possibly visual screening, and help with physical exams

Please email Linda.Irle@carle.com if you can help with this wonderful back to school effort!

In addition to physicals, haircuts will be done and backpacks distributed!
Educational Resources

**Winter 2018 Parish Nurse Class—Champaign County**

Dates for our next class have been confirmed!

- **February 9 & 10**
- **March 2 & 3**

Classes include all dates and additional online work

- **Fridays 5:30-9:30 pm**
- **Saturdays 9:00 am—4:00 pm**

**Parish Nurse Education Series**

- **August 12** – 8:30-10:00 am
  - Pollard Auditorium, Forum at Carle
  - Stroke Information for Parish Nurses
  - Erin Eddy, RN Neuroscience Institute at Carle

- **September 9** – 8:30-10:00 am
  - Pollard Auditorium, Forum at Carle
  - Gift of Hope
  - Rev Jeff McPike, Chaplain at Carle

- **October 21** – 8:30-10:00 am
  - Houseworth Conf Room
  - 2nd floor of Mills Cancer Institute
  - Park in South garage
  - Allergy Education for Parish Nurses
  - Amy Jessup, NP, Carle Food Allergy Education

There is no cost to attend and all are welcome. If you are interested in attending, please email Bev at beverly.talbott@carle.com or (217) 326-2583 to sign up.
We invite you to sign up for Stanford University’s Diabetes Self-Management Program

Leaders’ Training

Thursdays and Fridays
August 3-4 and 10-11, 2017
9:00 a.m. — 4:00 p.m.

Family Service Senior Resource Center
405 S State St.
Champaign, IL 61820

Leaders’ training will be offered in Champaign in August for new group leaders for the Diabetes Self-Management Program (DSMP). This evidence-based self-management program was initially developed by Kate Lorig out of Stanford University. We have not offered this training for a few years in Champaign County so we are hopeful that these dates will work for the interested participants.

Training will be in Champaign at Family Service (405 S. State St.) on the 2 Thursdays and Fridays August 3-4, and 10-11, 2017. The 4 training days will be scheduled from 9:00 - 4:00 each day. This will provide the required training for individuals who are interested in serving as co-facilitators for the 6 week workshop.

For individuals living outside PSA 05, the cost is $175 for the training. Those within PSA 05 will not be charged a fee. Each person will be responsible for his/her own lunch; however, we will be ordering lunch each day of the training for any who would like to pay $10 per lunch. We are pleased to be able to offer CEU’s for any participant who requests them at the cost of $15.

Some of you in this email are currently serving as leaders. Others may have expressed interest in the past and have been supporters of these evidence-based programs. I am sending this information in hopes that you will consider participating in the training and/or sharing the information with individuals who might be strong leaders for this valuable program. Non-professionals and professionals are encouraged to participate and are welcome as there is no requirement for prior teaching experience. Please forward the information to any individuals you think might appreciate knowing about the training and let interested individuals know that Rosanna and I are very happy to discuss the program and the training specifics with anyone who is interested.

Upon successful completion of all four days of training, you will be certified to co-lead the program in your community.

Contact Rosanna McLain at Family Service with questions or a registration form: (217) 352-5100 or Cindy Fraser at (217) 714-2484.
National Health Observances

August

Children’s Eye Health & Safety Month
American Academy of Ophthalmology
PO Box 7424
San Francisco, CA 94120-7424
(415) 561-8534
Materials available
media@aaop.org
www.aaop.org/eyesmart

September 18-24
National Farm Safety & Health Week
National Education Center for Agricultural Safety
8342 NICC Drive
Peosta, IA 52068
(888) 844-6322
neenand@nicc.edu
www.necasag.org
Materials Available

September

Prostate Cancer Awareness Month
ZERO - The End of Prostate Cancer
515 King Street, Suite 420
Alexandria, VA 22314
(888) 245-9455
info@zerocancer.org
www.zerocancer.org
Materials Available

Caretaker Savvy

I’m starting a 4 week (once a week) on Dementia called Caretaker Savvy. It is such a great series if you know of anyone who could use this. I’m doing lots of research and studying on dementia and find this DVD series so helpful.

Contact Marlys Morris if you are interested at 1mmorris@mchsi.com

Emergency Plan

- Plan
- Prepare
- Practice

Does your church have an emergency plan for weather, fire, etc.? We have a parish nurse working on one for her church and was looking for some ideas, suggestions or reference to help her along. If you have one you can share, please send it to Bev at Beverly.Talbott@carle.com
RESOURCE INFORMATION

**Champaign Urbana Public Health District - [http://www.c-uphd.org](http://www.c-uphd.org)**

- Blood lead tests
- Breastfeeding
- Child immunizations
- Child safety seats
- Developmental screens
- Family case management
- Nutrition
- Pregnancy tests
- Resources for parents & children
- Summer meals program
- TB bests
- Vision & hearing
- Well child services
- WIC (women, infants & children)
- Women’s health services

- Dental services
- Urbana school health center

- Communicable diseases
- Disease fact sheets
- Flu shots
- Hepatitis services
- Family planning
- HIV/AIDS services
- Mobile outreach

**Wellness and Health Promotion** - [http://www.c-uphd.org/wellness-health-promotion.html](http://www.c-uphd.org/wellness-health-promotion.html)
- Community health
- IL breast & cervical cancer program
- School & community initiatives & programs
- Teen pregnancy prevention
- Tobacco

**Links to other resources** - [http://www.c-uphd.org/links.html](http://www.c-uphd.org/links.html)
- General CUPHD Information
- Stuff for kids/teens
- Wellness & health promotion
- Maternal & Child Health
- Infectious Disease
- Dental Health
- State Resources
- National & international resources
- Employment & other resources

Adult/Senior Protective Services - [http://www.famservcc.org/adult-protective-services/](http://www.famservcc.org/adult-protective-services/)


Counseling - [http://www.famservcc.org/counseling/](http://www.famservcc.org/counseling/)

Family Caregiver Support - [http://www.famservcc.org/family-caregiver-support/](http://www.famservcc.org/family-caregiver-support/)


Meals on Wheels - [http://www.famservcc.org/mealsonwheels/](http://www.famservcc.org/mealsonwheels/)


Self-Help Groups - [http://selfhelp.famservcc.org](http://selfhelp.famservcc.org)

- Links to the different self-help groups in the area, as well as some helpful information.

Senior Counseling & Advocacy - [http://www.famservcc.org/senior-counseling/](http://www.famservcc.org/senior-counseling/)

Senior Information Hotline - [http://www.famservcc.org/senior-information-hotline/](http://www.famservcc.org/senior-information-hotline/)

Senior Transportation - [http://www.famservcc.org/senior-transportation/](http://www.famservcc.org/senior-transportation/)

**Answerbook** – Published annually in August from the News-Gazette. If you don’t receive a newspaper, the booklets are available at the News-Gazette for $2/each.

**DivorceCare & DivorceCare4Kids** - [https://www.divorcecare.org/](https://www.divorcecare.org/)

- Groups that meet weekly to help you face challenges and move toward rebuilding your life – enter your zip code to find at a church near you

**Eldercare Locator** – 1-800-677-1116 or [http://www.eldercare.gov/Eldercare.NET/Public/Index.aspx](http://www.eldercare.gov/Eldercare.NET/Public/Index.aspx)

- A way to find community assistance for seniors. A public service of the U.S. Administration on Aging connecting you to services for older adults and their families.